

Incarnation 100 – 45 Mile Route – 2019

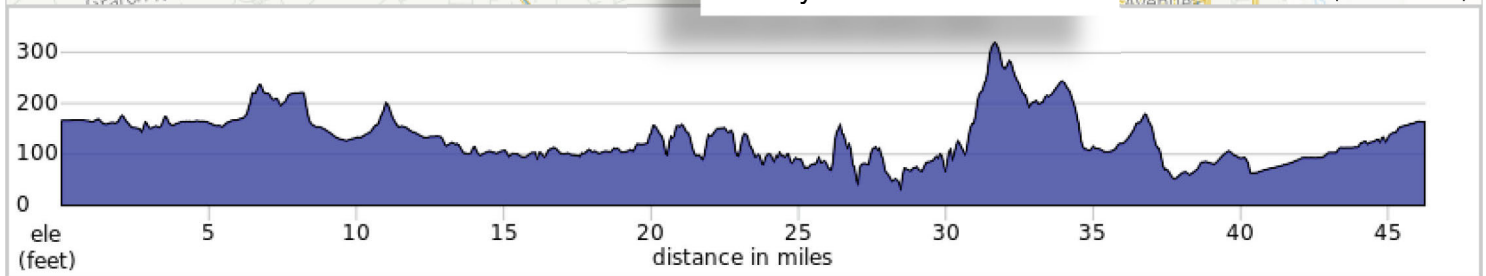
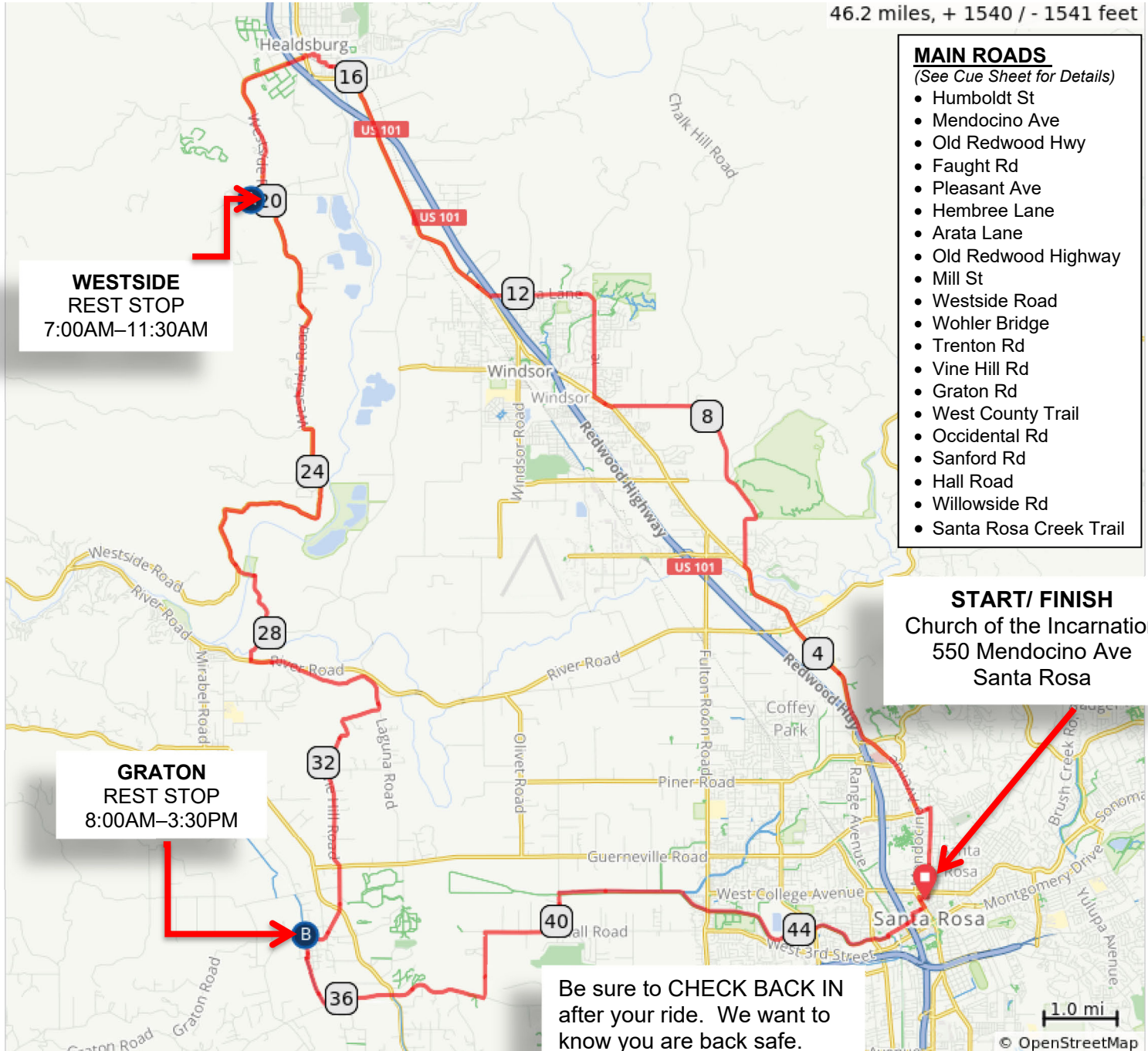
THIS IS NOT A RACE | OBEY ALL TRAFFIC LAWS | RIDE SINGLE FILE



When passing another rider, CHECK BEHIND YOU, for upcoming traffic, especially around corners.

SAG Vehicles have food, water, tools, and first aid supplies. Flag them down if you need assistance.

SAG Vehicles will clear course at 4pm. Riders on the road at 4pm MUST retire to SAG vehicles.



Emergency? Call 911 | Lost? Call Michael 707-235-9788

Incarnation 100 – 45 mile route 2019

Dist	Type	Note	Next
0.0	📍	Start of route	0.0
0.0	←	L onto Humboldt Street	1.2
1.3	←	L onto Lewis Rd	0.2
1.4	→	R onto Mendocino Ave	1.3
2.7	↑	Continue onto Old Redwood Hwy	3.0
5.7	→	R onto Faight Rd	2.7
8.4	↑	Continue onto Pleasant Ave	1.0
9.4	→	R onto Old Redwood Hwy	0.3
9.7	→	R onto Hembree Ln	1.3
10.9	↑	Continue onto Arata Ln	1.5
12.4	→	R onto Old Redwood Hwy	3.7
16.1	↑	Continue onto Healdsburg Ave/Healdsburg Ave Bridge	0.1
16.2	→	R onto Front Street	0.2
16.4	←	L onto Hudson Street	0.4
16.7	←	L onto Haydon Street	0.1
16.8	→	R onto East Street	0.0
16.8	←	L onto Mill Street	0.1

16.8 miles. +345/-397 feet

Dist	Type	Note	Next
16.9	→	R into traffic circle and exit onto Mill Street heading West	0.1
17.0	→	Slight R onto Mill Street	0.4
17.4	↑	Continue onto Westside Road	2.0
19.4	→	R onto Felta Road	0.1
19.5	→	R onto Felta Road	0.2
19.7	⚓	WESTSIDE REST STOP Westside Elementary 120 Felta Rd 7:00am -11:30am	0.2
19.9	→	Slight R onto Felta Road	0.1
19.9	→	Sharp R onto Westside Road	6.9
26.9	←	L onto Wohler Rd	0.2
27.1	→	R to stay on Wohler Rd	1.5
28.6	←	L onto River Rd	0.3
28.9	→	R onto Trenton Rd	1.4

10.4 miles. +439/-469 feet

Dist	Type	Note	Next
30.2	→	R to stay on Trenton Rd	0.2
30.5	→	Slight R onto Laguna Rd	0.2
30.7	→	R onto Vine Hill Rd	3.3
34.0	↑	Continue onto Mueller Rd	0.4
34.4	→	R onto Graton Rd	0.3
34.7	→	R onto Ross Rd	0.1
34.7	⚓	GRATON REST STOP 3190 Ross Road 8:00am - 3:30pm	0.0
34.8	↑	Continue onto Bowen St	0.2
35.0	→	R onto Grey St	0.0
35.0	←	L onto W County Rodota Trails	0.7
35.8	←	Slight L onto Occidental Rd	2.2
38.0	←	L onto Sanford Rd	0.9
38.9	→	R onto Hall Rd	1.0
39.9	←	L onto Willowside Rd	0.5
40.4	→	R onto Santa Rosa Creek Trail	1.4

13.3 miles. +635/-649 feet

Dist	Type	Note	Next
41.8	→	Slight R to stay on Santa Rosa Creek Trail	0.3
42.1	→	R onto Santa Rosa Creek Trail	0.4
42.5	→	Slight R to stay on Santa Rosa Creek Trail	1.6
44.1	→	R to stay on Santa Rosa Creek Trail	0.1
44.2	→	Keep R to stay on Santa Rosa Creek Trail	1.2
45.3	←	L onto Pierson St	0.0
45.3	→	R onto W 6th St	0.4
45.8	↑	Continue onto A St	0.1
45.8	↑	Continue straight onto 7th St	0.2
46.0	←	L onto Mendocino Ave	0.2
46.2	→	R onto Cherry St	0.1
46.2	📍	End of route	0.0

5.8 miles. +132/-30 feet

